

Cover Story

Gujarat Legislative Assembly Election is on its peak. Different Political parties are attempting sincerely to convince people to vote for their party. Political leaders were giving variety of promises to voters. Especially efforts are made to convince youngsters. Because it is believed that votes of youngsters will prove decisive and result oriented. Therefore, MBA Students of Gardi Vidyapith conducted a survey of voters in a Rajkot city and analyzed some important and interesting findings.

Assembly election of Gujarat will take place on the 13th and 17th of December - students of the Gardi Vidyapith conducted a survey of 2000 peoples from cross section of the society to find out their expectations from the newly elected government.

72% youngsters expect the new government to build playground, garden and parks in the city. 17% youngsters



Better Infrastructure, Education & Employment Subsidy and Good Governance in Demand

Management Times

suggested their wish to develop good transportation facility. Many believe that primary education has been a neglected area. More than 66% people opined that primary education should be of international standard. Majority also favoured Mid Day Meal Plan and demanded its implemented actively. In



addition to this, 70% people supported to subsidies in higher education. And 40% people commented that education scheme should be planned in such way that develops different skills. 12% people believed that Foreign Education institutes should give chance in India. Majority of people shared their opinion that new government should plan for creative employment opportunities. A huge chunk of 82% gave importance to employment. Around 54% aged people give their view to provide separate and good facility in



government hospital to senior citizen. 35% people also opined for good pension plan and other governmental benefits. The Industrial class wished for good road and proper water supply. Additionally, 25% people accepted there should be concession from the Income-Tax. Moreover, 63% housewives demanded regular cleanness of roads and street. 59% Government officers suggested that there should be improvement in the working system and work should be done systematic like private sectors.

The survey was conducted by providing questionnaire to over 2000 people of Rajkot city and different villages of the district by 120 students of MBA and Journalism department. The survey includes students, employees, government employees, housewives, industrialists, businessmen, farmers, and pension holders. This survey was conducted with non-political point of view.

Conti... page 3



Youth Fiesta 2013 'An essence of Excellence'

40th State Level Science & Math Exhibition 2012 - 13



The district Institute of Education and Training, Rajkot in association with Genius Group of Institutions is organizing 40th state level Science and Math Exhibition Youth Fiesta 2013. This four day grand exhibition of education, knowledge and intelligence aims to create knowledge networks, enhance creative learning, discuss, promote and exchange education techniques for a better tomorrow.

The four day gala event which coincides with the golden jubilee celebration of Gujarat State and Gujarat Council of

Educational Research and Training (GCERT), will commence from 4th to 7th January 2013 at the Race-course ground, Rajkot.

Over 3,50,000 visitors including schools and colleges from all over Saurashtra are expected to participate at this one-of-the-kind education fair.

The event will cover varied topics. Special features of the event includes Natural Resources & its Preservation or Protection, Traffic Rules & its Management, Educational Techniques,

Industries, Health, Mathematical Illustrations, Master Blasters, Gardi Life Science Discoveries, 3D Water Screen Projection, Genius Creative Zone and Live Web Casting of the Event.

Cultural programs are also organized on 4th and 5th evening while expert sessions are organized on 6th and 7th afternoon.

For more information students can log on to www.youthfiesta.in or gardigeniusthfiesta.blogspot.com and catch the updates on facebook ([gardigenius Youthfiesta](http://gardigeniusYouthfiesta)), Youtube (youthfiesta).

Campus Drive

The CSE Department had organized an expert talk on cloud computing for the students of Master of Computer Science and Engineering department. During the expert talk they got basic knowledge of cloud computing and distributed computing. Around 20 students participated for expert talk conducted by professor Priyanka Sharma.

Expert Talk on Cloud Computing

The Topics covered in her speech included a brief introduction on cloud computing, feature of a cloud infrastructure, definition of distributed system and advantages of distributed system, map reduce, Moore's Law and challenges of cloud OS.

Students learned about cloud computing and distributed system, and enjoy the learning with their best capability.



Expert Talk on SOA & Implementing Web Services

An expert talk recently organized on SOA & Implementing Web Services by the Computer Science and Engineering department of B. H. Gardi College of Engineering and Technology. The aim of the talk was to bring technical knowledge and focus on cutting edge technologies & imparting quality education. The expert talk also aimed to organize and give an insight of practical aspects for development in the field of Object Oriented Programming, Service Oriented Architecture and Web Services using java and .Net. Various concepts and approaches related to SOA and demonstrate the Tools required for SOA were also discussed. This expert talk would help to gain hands on experience

with the various technologies and tools.

Prof Kaushik Raviya (Asst. Prof. CSE Dept) started the session by welcoming Prof. D. A. Parikh (Asso. Prof & Head CE/IT/MCA, L. D. College of Engineering, Ahmedabad) with introductory speech on Service Oriented Architecture (SOA) and also appreciated the students for showing interest in the Expert talk.

Prof D. A. Parikh has more than 22 years of experience in academic is considered as one of the legend faculty in Computer Science and Engineering in Gujarat.

The Topics covered in his speech included a brief introduction on Service Oriented Architecture, Introduction to Directory Service & Web Services, Service



Life cycle, Business Process Execution Language (BPEL), a detail about the SOAP, WSDL, UDDI and Importance of BPEL.

Students learned how to develop applications on a variety of different device platforms.

Communicative English Language Proficiency Test

Communicative English Language Proficiency Test is designed to evaluate Engineering Students' Language Competence and Performance. This test was conducted on November at the Language Lab and duration of the test was 90 Minutes. It carried 30 Marks for Section 1 Listening skills and 20 Marks for Section 2 Writing Skills. The test included Listening, Reading, and Writing and its exercises were based on CALL (Computer Assisted Language Learning) Materials. While Designing Test, examiners went through the format of IELTS (International English Language Testing System), TOFEL (Test of English as Foreign Language, and BULATS (Business Language Testing Service). Examiners had defined few criteria for an evaluation like Listening

Comprehension, Recognized Varied Accents of Englishes (British Standard English, Indian English, Bristolian English, American English, etc.), Comprehensive Skills, Functional Notional Approach, Contextual Writing, Grammatical Units, Selection of Diction, Cohesion, Coherence, Situational based Usage of Tenses, and Creative Writing. The Test comprised of Communicative Language Teaching Method and Multimedia based Learning.

Twenty Four Students were randomly selected from 1st Year Mechanical and Civil Engineering by Dr. Yogesh Jani. After Test, Students gave their feedbacks in Oral and Written too. The Test was an Experimental Research. The chief objective of the Test was measuring the



efficacy of Station-E Language Lab to enhance communicative competence of 1st Year Engineering Students. The Test was designed and evaluated by Prof. Yogesh Ramani & Prof. Shabir Parmar from Department of Humanities and Sciences. It was an attempt to introduce Standard Testing of English Language System for learners of Science and Technology.

Campus Drive

B.H. Gardi College of Engineering & Technology (BHG CET) always believes in the overall development of their students. To fulfill the same, the EC department arranges various types of co-curricular activities on continuous basis. One of such activity includes Student Organized Activity (SOA), in which students are the organizers of co-curricular activities. This kind of activity concept is adopted by EC department to encourage students to manage, lead and organize the technical events such as "Circuit Debugging Competition", "Soldering Competition", "Technical Quiz", "Analog Circuit and Digital Circuit Design Days" and as well as non technical events like "Group Discussion" and various Personality Development Activities. The main concept behind the SOAs is to bring in leadership and management qualities in the students which will help them to shine them out from others in future.

Group Discussion

Under the guidance of EC department



Student Organized Activity

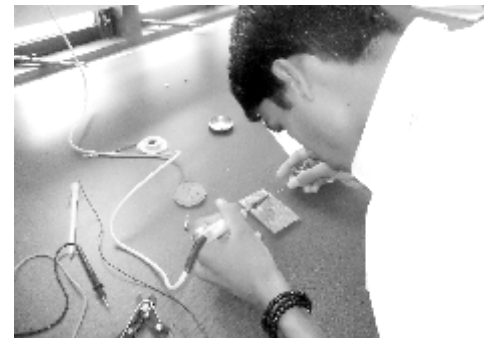
teachers and Prof. Shabbir Parmar, Asst. Prof. DHS Department, two Students of 3rd EC 2011 batch Nathwani Avani and Doshi Paras had organized a "Group Discussion Competition" in Communication System Laboratory, EC Department recently.

Prof. Shabbir Parmar was invited to judge the event. The event started with an informative talk on GD by the student of 3rd Sem MCA. The event was followed by the Group discussion between different students and a final Group discussion between selected students. At the end Prof. Shabbir Parmar encouraged students with highly motivating and guiding speech to improve the communication ability of the students. The event was successfully executed by student coordinators and result was declared by them at the end of an event. Winners were appreciated by all the students, judge and teachers of EC department.

A total of 50 students participated in the group discussion and Chovatiya Hardik announced as the winner, Pnadya Nisarg was the 1st runnerup followed by Chauhan Sagar, Davada Divyesh as second runnerup.

Soldering Competition

Under the guidance of EC department teachers and Mr. Prince Ladani three Students of 3rd EC 2011 batch Pala Kishan, Dharjiya Ashish, and Savaliya



Priyanka nicely organized a "Soldering Competition" In Resource Laboratory, EC department on recently. They had invited Prof. Rakesh Oza to judge the event. The event was started with an informative and motivational talk to have a healthy "Soldering Competition".

The event was started by giving circuit to the students related to 555-Astable generator. Students were required to complete the soldering and able to take out output of the circuit as square wave on CRO. Students greatly enjoyed the competition and student coordinators were successful to conduct event smoothly. Prof. S. B. Jadeja, Executive Director, BHGCET also visited the competition and appreciated thre student coordinators to organize such a nice event for 3rd EC students. At last Prof. Rakesh Oza encouraged students with highly motivating and guiding speech to improve their technical ability as well as to learn from mistakes.

A total of 45 students participated in the soldering competition.

QUIZ COMPETITION (A Mind Training SOA)

In the era of competition, students need to be more and more creative. As the clinching evidence for this, 3rd EC students had organized a quiz competition for their technical subjects.

There were total three rounds. First round was written test from which top level 20 students were short listed for second round, 4 groups of 5 students were

formed. Second round was dedicated question to each group. And third round was bonus or buzzer round in which negative marking system was there. Finally results were declared by students coordinators. Under the guidance of Mr. Kartik Bhuchara they executed entire event very smoothly. Professor rakesh Oza was the judge.



Conti... from page 1 [Better Infra...](#)

The perspective of this survey was to interpret the expectation of different social category and keep its finding before political leaders. This social survey was accomplished and guided by D.V. Mehta,

Chairman of Gardi Vidyapith, Prashant Mehta, Dr. Sandip Solanki, Director of MBA College, Jay Paadh, Rajkumar Sapara, and Dhaval Raval. Entire team of students comprising Ankit Shobhasana, Hardik Pathak, Jay Thakkar, Mayur

Dobariya, Pratik Gangalaniya, Priyanka Pandya, Kalindi Bhatt, Tejas Khakhar, Jatin Valangar, and Mahipal Zala conducted this extensive survey.

Prepared by :
MBA & Journalism Department

Campus Drive

The final year 3rd review of 7th CSE/IT student under UDISHA club was organized under the guidance of HOD. Mr. Tejas Jasani CEO, TheAppGuruz, Rakot and Mr. Hiren Jatakia, Mark Porta, Rajkot. In the review



Travel Peak

Every year during the month of the November-December devotees from all around India flock to the heavenly "Girnar" a famous tourist spot of Gujarat. It also serves as an attraction because a worship place for the Hindus. "Liliparikrama" as it is popularly known, is an event where worshipers travel by foot for four long days covering a radius of thirty-six km. This journey starts from Bhavnath and ends here. To many its nothing less than an adventure from walking into the deep forest, making food in the middle of a deep forest to seeing the wild in the open and at a very close proximity and also making borne fire to keep oneself from the chill of the night.

The journey stops at four important palces

Brain Stroke

On 6th December Sandesh news channel along with Sandesh news paper organized a debate at Gardi Vidyapith. Their target audience was the youth of Gujarat. Their main motive was to create awareness for vote and to address the problems the youth have about politics in India.

The youth voiced their opinion saying that corruption, scams, price rise are the reason that they have lost faith in the constitution. Youth are disappointed with the current scenario of India, the socio -

Final Project Presentation Under UDISHA CLUB

students presented their respective projects.

The students were enthusiastic and excited to know the results.

Best Project Presentation selected includes :

For CSE branch

Deshaval Viraj Ashwinbhai

Centralized Medical Health care System Using NFC.

Trivedi Nirav Vijaykumar

Travel Paradise.

Radia Nirav Harsukhlal

Securing Computer Folders with Rinjdal

Security Extension and Bluetooth Enabled Mobile Phone.

For IT branch

Paresh Dhirajlal Kacha, Jay Bharatbhai Rupareliya, Patel Vidhi Nandlal

Chess Engine.

Shah Ravi Rajeshbhai

Control any system through E-mail or sms.

Prajapati Abhimanyu P., Patel Chandani P.

E-Learning solution.

All the student's enjoyed and received valuable guidance from the faculties and the invited guests.

In the heart of nature Girnar...

having their own specialities. After Bhavnath the devotees rest at Jina Bhava Madhi which is famously known for its Hanuman Mandir and also is a home to 'Maha-rishi's' who claim to to give answers and life's direction to the travellers. Next, stop is called Marvella, it serves more as a tourist spot, drawing attention to its beautiful green sceneries. Interestingly the third stop Bor Devi stands as an exact replica to Jina Bhava Madhi and also brings close the end to the long journey. Some of the other places worth seeing are the waterfalls that greet you on the way, luscious greenaries, tataniyo jhuno a place with a deep wide well. Many private organizers together arrange the whole event food is served free of cost. Around



five to ten lakh people assemble here every year but not many complete this journey. The four days takes one to a different world altogether. With its rich scenic beauty, for many completing this holy journey is a dream.

-Prakit Pandya

Student Department of Journalism & Masscommunication

My Vote is My Sandesh



economic status of our country in the world. Hence, they do not want to waste their precious vote and. Thus sandesh news

took the initiative to create awareness in youth and also to make clear the importance of voting and giving their opinion.



Quote of the Month

"Democracy cannot be saved by superman, but only by the unswerving devotion and goodness of millions of little men."

-Adlai E. Stevenson II

Placement Corner

Department of Electronics & Communication
Students Placement Details - 2012 batch

| Sr. No: | Student Name | Company | Field |
|----------|---|--|-------------------|
| 1 | Vasu Viroja | MCBS, Gandhinagar | Embedded System |
| 2 | Zanza Bhatt | MCBS, Gandhinagar | Embedded System |
| 3 | Ankit Raythathha | DevIndia Infoway , Rajkot | Embedded System |
| 4 | Dipak Timba | DevIndia Infoway , Rajkot | Embedded System |
| 5 | Hiren Niranjani | DevIndia Infoway , Rajkot | Embedded System |
| 6 | Attaria Mustafa | DevIndia Infoway , Rajkot | Embedded System |
| 7 | Sweta Gajipara | CMC , Ahemadabad | Embedded System |
| 8 | Amit Virani | CMC , Ahemadabad | Embedded System |
| 9 | Manish Goswami | ED Systems, Rajkot | Automation |
| 10 | Pratik Gohel | ISEC , Mumbai. | Automation |
| 11 | Khushbu Mehta | Sathi Automation | Automation |
| 12 | Dhiren Thadesar | DHA TECHNO, Ahemadabad | Automation |
| 13 | Gaurav Mendapara | Advantek Solutions, Ahemadabad | Automation |
| 14 | Jignesh Kalola | Advantek Solutions, Ahemadabad | Automation |
| 15 | Lakhat Qutbuddin | Advantek Solutions, Ahemadabad | Automation |
| 16 | Biren Kotak | ISEC, Mumbai | Automation |
| 17 | Hiren khunt | NCVT | Automation |
| 18 | Priyank Kansagara | BHGCET, Rajkot | Academic |
| 19 | Bhavin Bagthariya | BHGCET, Rajkot | Academic |
| 20 | Jatin Mehta | BHGCET, Rajkot | Academic |
| 21 | Kinjal Oza | Om engg. College, Junagadh | Academic |
| 22 | Divyesh Chauhan | Takshashila | Academic |
| 23 | Bhavin Patel | Edubotix, Ahemadabad | Robotics |
| 24 | Biren Ramoliya | Edubotix, Ahemadabad | Robotics |
| 25 | Preet Mehta | Edubotix, Ahemadabad | Robotics |
| 26 | Keyur Acharya | Amtech Electronics, Gandhinagar | Power Electronics |
| 27 | Divyesh Lakhani | Geminy Communication | Telecommunication |
| 28 to 32 | Khusbu, Komal, Nirali, Bhavik, Poocha Patel | Students who opted for PG course | |
| 33 to 37 | Parth, Jaivik, Vishal, Nirav, Ankit Dekivadiya | Students who opted to join Ind. compatibility Skilled courses in training centers | |

| Sr. No. | Field of EC Engg. | No. of Students Placed in the Field |
|---------|-------------------|-------------------------------------|
| 1. | Embedded System | 8 |
| 2. | Automation | 9 |
| 3. | Academic | 5 |
| 4. | Robotics | 3 |
| 5. | Telecommunication | 1 |
| 6. | Power Electronics | 1 |

| Sr. No. | Field of EC Engg. | No. of Students Placed in the Field |
|--|---|-------------------------------------|
| 7. | Students who opted for PG course | 5 |
| 8. | Students who opted to learn Industry Compatible Skilled courses in training centers | 5 |
| TOTAL No. of students placed by EC Dept. from PIONEER BATCH | | 37 out of 54 eligible |

**65% Placement... Greatest Achievement
Highest Placement in Saurashtra Region**

Flash n Shine

While some would argue that meditation is somewhat religious by nature, the truth is that the majority of people who practice meditation do so because of the lack of religiosity attributed to any one practice.

All the religion is having different definitions and concept. In this article, we have concentrated on the concept of meditation in different religion.

Dhyana(Meditation) is rendered as Jhana in Pali, Ch'an in Chinese, Son in Korean, and Zen in Japanese.

HINDUISM

According to the Hindu Yoga Sutra, written by Patanjali, meditation is one of the eight limbs of Yoga, (the other seven being Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, and Samadhi). According to Patanjali, the founder of yoga philosophy, the final stage of meditation in dhyana is considered to be jhana. At this stage of meditation, one does not see it as a meditational practice, but instead merges with the idea and thought. One cannot reach a higher stage of consciousness without jhana.

CHRISTIAN

Christian meditation is a form of prayer in which a structured attempt is made to get in touch with and deliberately reflect upon the revelations of God. The word meditation comes from the Latin word mediator, which has a range of meanings including to reflect on, to study and to practice. Christian meditation is the process of deliberately focusing on

Meditation & Religion...

specific thoughts (such as a bible passage) and reflecting on their meaning in the context of the love of God.

BUDDHISM

Buddhist meditation refers to the meditative practices associated with the religion and philosophy of Buddhism.

Buddhism began by encouraging its practitioners to engage in smrti (sati) or mindfulness that is, developing a full consciousness of all about you and within you - whether seated in a special posture, or simply going about one's life. This is the kind of meditation that Buddha himself engaged in under the bodhi tree, and is referred to in the seventh step of the eightfold path.

The bases for all meditation, as it was understood even in the earliest years of Buddhism, are shamatha and vipashyana.

Shamatha is often translated as calm abiding or peacefulness. It is the development of tranquility that is a prerequisite to any further development. Vipashyana is clear seeing or special insight, and involves intuitive cognition of suffering, impermanence, and egolessness.

Samadhi is concentration or one-pointed meditation. It involves intense focusing of consciousness.

ISLAMIC

Muraqaba is the Sufi word for meditation. Literally it is an Arabic term which means "to watch over", "to take care of", or "to



keep an eye". It implies that with meditation, a person watches over or takes care of his spiritual heart (or soul), and acquires knowledge about it, its surroundings, and its creator.

Following are the maqamat in which sufis have broadly categorized their journey of ascension. This categorization is an arbitrary one, and each level is generally further divided into several sub-levels. During the process of enlightenment, some stages can merge or overlap each other.

Ghanood (Somnolence), Adraak, Warood, Gnosis of the universe(Kashaf / Ilhaam, Shahood, Fatah), Gnosis of Allah(Fanaa, Sair illallah, Fana fillah, Sair min Allah), Baqaa billah.

Baqaa billah is final stage which means union with God the Creator. This is the state where man comes back to his existence and God appoints him to guide the humans. This is a state in which the individual is part of the world, but unconcerned about his or her rewards or position in it.

Compiled By : Prof. Swati Vekariya
IT Department

Conti... from page 4 **My Vote is...**

Debate : These are some part of debate which was highlighted in the news paper and the news channel.

Hardik Trivedi : Politicians are intelligent they are not fool but they makes people fool. They are involved in corruption and other malpractices but we still give them respect. We have no shame on ourselves. First we should change our selves.

Natvar : Politicians play with people like a carom board game and strike us as per their personal benefits.

Jaydeep : Politicians are selfish and they only take care of their needs. They never do anything for society.

Nishitha Jani : Constitution has given us right to ask question to any body, If we don't vote that does not mean that we cannot raise question to a concern politician.

Sandesh has taken very good step to aware our youth to vote and choose the best from the worst. only our active participation can change the scenario. said by Chairman Shri D. V. Mehta.

Also Sandesh team appreciated our students response and facility provided by the Gardi Vidyapith.



Ankita Mehta & Mayank
Department of Journalism & Mass Commutation

Life Style

To be highly productive, you should avoid these mistakes.

Sometimes you feel overloaded, and you have to work late to fulfill your deadlines. Or your days seem to go from one crisis to another, and this is stressful and demoralizing.



Many of us know that we could manage our time more effectively; but it can be difficult to our mistakes, and to know how to avoid it.

In this article, we're looking at ten of the most common time management mistakes, as well as identifying strategies and tips that you can use to overcome them. These ten mistakes are:

Mistake 1. Failing to Keep a To-Do List

Sometimes you feel that you have forgotten to an important piece of work. This happens when we don't use a TO-DO List.

The trick with using To-Do Lists effectively lies in prioritizing the tasks on your list.

You can also use Action Programs to manage your work when you have many large projects happening at once.

Mistake 2. Not Setting Personal Goals

Personal goal setting is important to manage time well, because goals give you a destination and vision to work toward. When you know where you want to go, you can manage your priorities, time, and resources to get there. Goals also help you decide what's worth spending your time on, and what just a distraction is.

To learn how to set smart, effective goals, read Locke's Goal Setting Theory. Here, you'll learn how to set clearly defined goals that will keep you motivated.

Mistake 3. Not Prioritizing

It's hard to know how to prioritize, especially when you're facing a flood of seemingly-urgent tasks. However, it's essential to learn how to prioritize tasks effectively if you want to manage your time

10 Common Time Management Mistakes

better.

One tool that will help you prioritize effectively is the Urgent/Important Matrix.

The Action Priority Matrix is another useful tool, which will help you determine if a task is high- yield and high-priority, or low-value,

Mistake 4. Failing to Manage Distractions

Whether they come from emails, IM chats, colleagues in a crisis, or phone calls from clients, distractions prevent us from achieving flow, which is the satisfying and seemingly effortless work that we do when we're 100 percent engaged in a task.

If you want to gain control of your day and do your best work, it's vital to know how to minimize distractions and manage interruptions effectively. For instance, turn off your IM chat when you need to focus, and let people know if they're distracting you too often. You should also learn how to improve your concentration, even when you're faced with distractions.

Mistake 5. Procrastination

Procrastination occurs when you put off tasks that you should be focusing on right now. When you procrastinate, you feel guilty that you haven't started; you come to dread doing the task; and, eventually, everything catches up with you when you fail to complete the work on time.

To avoid procrastination you can use, To-Do list, Urgent/Important Matrix, scheduling and project planning, and Set yourself time-bound goals.

Mistake 6. Taking on too Much

If you are a person who has a hard time saying "no", you probably have far too many projects and commitments on your plate. This can lead to poor performance, stress, and low morale.

Or, you might be a micromanager: someone who insists on controlling or doing all of the work themselves, because they can't trust anyone else to do it correctly.

Both way, taking on too much is a poor use of your time, and it can get you a reputation for producing rushed, sloppy work.

To avoid this, learn the subtle art of saying "yes" to the person. This skill helps you assert yourself, while still maintaining

good feelings within the group.

Mistake 7. Thriving on "Busy"

Some people get a rush from being busy. The narrowly-met deadlines, the endless emails, the piles of files needing attention on the desk, the frantic race to the meeting... What an adrenaline buzz!

The problem is that an "addiction to busyness" rarely means that you're effective, and it can lead to stress.

Try to slow down, and learn to manage your time better.

Mistake 8. Multitasking

However, while you think that multitasking is a good use of your time, the truth is that it can take 20-40 percent more time to finish a list of jobs when you multitask, compared with completing the same list of tasks in sequence.

So, the best thing is to forget about multitasking, and, instead, focus on one task at a time. That way, you'll produce higher quality work.

Mistake 9. Not Taking Breaks

It's nice to think that you can work for 8-10 hours straight, especially when you're working to a deadline. But it's impossible for anyone to focus and produce really high-quality work without giving their brains some time to rest and recharge.

So, don't dismiss breaks as "wasting time." They provide valuable down-time, which will enable you to think creatively and work effectively.

If it's hard for you to stop working, then schedule breaks for yourself, or set an alarm as a reminder. Go for a quick walk, grab a cup of coffee, or just sit and meditate at your desk. Try to take a five minute break every hour or two. And make sure that you give yourself ample time for lunch - you won't produce top quality work if you're hungry!

Mistake 10. Ineffectively Scheduling Tasks

All of us have different rhythms, that is, different times of day when we feel most productive and energetic.

You can make best use of your time by scheduling high-value work during your peak time, and low-energy work (like returning phone calls and checking email), during your "down" time.

Arty Party

Life Eternal Song



*Sing when joy fills they mind!
Sing when sadness crowds the heart!
Sing when life-stream runs fullest!
Sing when death brings it darkest
gloom!
Sing that song which will never change
with time or tide of life!
Light and shadow, joy and pain, fame,
infamy, loss and gain!
These are all set hours for our life's
eternal song.*

Pari Patel (Journalism Department)

India's first silent film :

RAJA HARISHCHANDRA

What we see in bollywood today started with humble effort by the father of Indian cinema Dadasaheb Phalke. It was the first full length motion picture. Raja Harishchandra is a silent Indian film. The film in based on the legend of king Harishchandra, recounted in the Ramayana and Mahabhart.



The film revolves around the noble and righteous king, Harishchandra, who first sacrifices his kingdom, follow by his wife and eventually his young son to honor his promise to the sage Vishwamitra. Though, in the end, pleased by his high morals, the gods are pleased and restore his former glory, and further bestow him with divine blessings.

Harishchandra is based on the legend of king Harishchandra, the 36th king of the solar dynasty, Surya Maharishi Gothram who is famed for never telling a lie, and never breathing his word.

Said to be have been inspired by life of Christ (1898), Dadasaheb Phalke set out to make films that depicted the Hindu gods and goddesses and mythological themes. The story he tells with Raja

The film also features a bathing scene, the first to be shown in an Indian film and while it caused a stir. it should also be noted that the females seen in wet saris clinging to their bodies are actually men. Phalke was unable to find any women to appear in such a scene.

Pari Patel
Department of Journalism & Mass Communication

Great words of 2 gr8 persons : I may walk slowly but, I never walk backwards..! -Abraham Lincon
I don't need to walk Coz I hav a scooter. -SANTA



Santa call to FM Radio : I have found wallet with Rs15000 of Mr. Shyam.... RJ : Sir you want 2 return it ?
Santa : Nahi re...I want 2 dedicate a sad song 4 him...

Student of the Month

Indian Army Soldier

Gelva Punshi K.

An Indian soldier is famous for his valour and military genius. The Indians call him a Jawan. A Jawan is really the backbone of the Indian army. He is accustomed to a life of adversity and discipline. He guards our boundary. He defends our nation. He saves us from the external aggression. It is a glorious moment and pride for Gardi Vidyapith that our student Gelva Punshi K. from 7th Computer Science and Engineering has been selected in the Indian army. His training will commence from 5th December for 6 week at Orissa. Gardi Vidyapith is extremely proud and Congratulates Punshi for a glorious future.



Painting



Garden of Beloved ...

Jayesh Hirani (CSE/IT)